

# Anniversaries



## High Noon Group

Houston B	30 years
Mary C	16 years
Susan F	15 years
Missy M	7 years
Jack R	4 years
Patty B	4 years
Bob C	3 years
Clint B	3 years
Sarah C	3 years
Annie H	2 years
Erik P	2 years
John L	2 years
Karen B	2 years
Michelle R	2 years
Ann M	1 year

## Home Group

David D	19 years
Teresa P	24 years
Jackie K	22 years
Jacqueline C	26 years
Erin H	4 years
Michael H	2 years

## Jaywalkers

Jonathan M	3 years
Brian B	6 years

## Living Sober

Janet M	1 years
Ron P	1 years
Sandy S	2 years
Jim E	3 years
Shawne B	9 years
Mike L	9 years
Tom B	32 years

## August

Joe-Joe	2 years
Neil H	2 years

## Pine Hills Grace

Jimmy L	38 years
John M	25 years
Rick S	16 years
Vivian J	12 years
Roberto D	2 years
Susan H	2 years
B Cedric N	2 years
Kim P	2 years
William W	2 years

## Pine Hills Grace Group (contd)

.	
.J	
Beth B	1 year
Willie S	1 year
Charles W	1 year

## Ponderosa Group

July	
Jose	23 years
Leroy	27 years
Tom	37 years
Peter	6 years

## August

Beth	1 year
------	--------

## Seagulls

Mark B	4 years
--------	---------

## Sober Won

Henry J	24 years
Dave J	19 years
George B	15 years
Debra W	13 years
Justin D	5 years
Margaret R	2 years
Lisa M	1 year
Chris O	1 year
Joe H	1 year
Ray I	1 year

## South Sanford Group

Steve A	2 years
Markis S	2 years
Randy N	6 years
Debra W	13 years

## Wakeup Call Group

Brandon C	9 years
Jim F	23 years
John S	2 years
Mark B	3 years
Matt E	3 years
Paul H	6 years
Shawn S	3 years

## Wekiva Women

Sarah	3 years
Sondra H	4 years
Carol C	5 years
Joyce A	20 years

**Congratulations to our fellow AA members who have maintained continuous sobriety one day at a time! You can do it too!!**

## The Winter Park Group

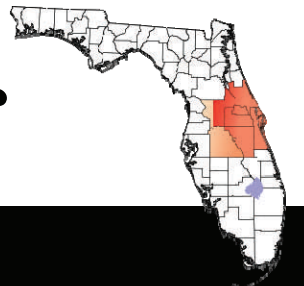
Victor	1 year
Sara B	1 year
Robert S	1 year
Robert D	1 year

## Winter Park Group (contd.)

Tony S	2 years
Alex H	2 years
Dominick F	2 years
Eddie	3 years
Robin D	3 years
Daniel C	3 years
Linda Y	3 years
Peggy L	4 years
Dave H	4 years
John P	4 years
Alex B	4 years
Carlos A	4 years
Peter S	4 years
Stephanie G	4 years
Jarrold B	4 years
Frank N	4 years
James I	4 years
Jason F	4 years
Chris W	5 years
Mike A	5 years
Diana C	5 years
Wendy C	5 years
Eric S	5 years
Genevieve M	5 years
Robert M	5 years
Chantelle Y	5 years
Barbara H	5 years
Reno M	5 years
Patrick T	5 years
Alicia W	5 years
Kim L	6 years
Justin L	6 years
Stuart S	6 years
James V	6 years
Debbie S	7 years
Mike M	8 years
Nancy J	8 years
Andrea S	8 years
Jon B	8 years
Barry B	9 years
Dale	9 years
Dan P	16 years
Ken S	17 years
Kathy A	19 years
Luis F	20 years

August 2011 Orlando, Florida

# Intergrupper



## CENTRAL FLORIDA INTERGROUP

283 Live Oaks Blvd. Bldg. 6 Casselberry, FL 32707

Phone: 407-260-5822 Fax: 407-260-5604 Email: [cfi@embarqmail.com](mailto:cfi@embarqmail.com) website: [www.cflintergroup.org](http://www.cflintergroup.org)  
Hours: Monday—Friday: 9:00 a.m. to 4:00 p.m. • Saturday: 10:00 a.m.—2:00 p.m. • Sunday: Closed

## Relapse Lurks by Carolyn O. (Orlando)

I'm working my program— to its fullest. It's really simple, just do what's suggested. Work with a sponsor. Reach out to another alcoholic. It's all there...written in the Big Book and the literature. Meetings are the highlights of my week. So, what's new with that, you might ask?

Well, it's new again for me. I'm one of the those old-timers that the book speaks about. I had become complacent with sponsorship, with the steps, with meetings. I had all this time behind me and let other things get in the way of my focus on sobriety. Relapse Lurked. It hid behind the mask of time.

One of the oldest sayings in AA is, "The further away you are from a drink, the closer you are to your next one."

All was well as far as I was concerned for many years. Life became fairly routine. There were no tragedies or major problems. The fact that I found other interests led me to believe that it was okay to see the train coming and wave it on instead of getting out of the way.


I remember feeling "Is this all there is?" Maybe I was expecting too much. Boredom and apathy set in. I had no purpose— fertile soil for resentments and character defects to grow like weeds. I wasn't able to recognize them. I wasn't

doing a daily inventory and I wasn't talking to anyone about my feelings.

The Big Book says we pay a dear price for doing this. Even if we're lucky enough to not pick up a drink, our lives are stunted by our isolation and lack of participation in life.

By the grace of GOD, someone saw the path I was walking down and took the time to say "get back on the bus." I did not relapse, but I was very close...it was knocking at my door.

I guess I am trying to say that none of us are immune to relapse, so we need to be ever vigilant about our recovery, never taking sobriety for granted.

So when they say the newcomer is the most important person in the room, they are because they keep it green for the rest of us. They ask the dumb questions, which are not actually dumb at all when you think about it. 

**Mark Your Calendar!**  
**September 23 - 25, 2011**  
**30th FCYPA in Cocoa Beach**  
visit: [www.fcypaa.net](http://www.fcypaa.net) for info!

## CENTRAL FLORIDA INTERGROUP SERVICE COMMITTEE NEEDS YOUR HELP!

**We are looking for someone who can sign at our AA meetings. If you are interested or know of someone please contact Central Florida Intergroup.**

## Step Eight

Made a list of all persons we had harmed, and became willing to make amends to them all.

## Tradition Eight

Alcoholics Anonymous should remain forever nonprofessional, but our service centers may employ special workers.

## Concept Eight

The trustees are the principal planners and administrators of over-all policy and finance. They have custodial oversight of the separately incorporated and constantly active services, exercising this through their ability to elect all the directors of these entities.

# Events Calendar & Hotline Schedule

## Hotline and Events Calendar August 2011

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Thanks to all the HOTLINE &amp; 12<sup>TH</sup> STEP VOLUNTEERS in JULY and to the following AA Groups:                      FTH-From the Heart, GH-Greenhouse, PIO-Pass It On, LWGD-Longwood CPT-College Park Triangle, GH-Green House,                      LS-Living Sober, Central, JWG -Jaywalkers, PG-Princeton</p>						
<p><b>SAVE YOUR SUNDAY AFTERNOONS in September! Chet P. TRADITIONS @ Sober Won Group!</b></p>	<p>1. Scott 6-9 9-1 Cindy 1-5 F.T.H 5-10 Jill 10-6</p>	<p>2. William 6-9 9-1 1-4 Anne K 4-10 Carla B 10-6</p>	<p>3. Phil T. 6-9 Cynthia 9-1 Bette 1-4 William 4-10 Shannon 10-6</p>	<p>4. William 6-9 Sam P. 9-1 Jean 1-4 L.S. 4-10 Lisa 10-6</p>	<p>5. Mark L. 6-9 Dawn 9-1 Scott 1-4 4-10 Dan 10-6</p>	<p>6. Kelly 6-9 Central 9-1 Peter G. 1-5 J.W.G 5-10 Sheryl 10-6</p>
<p>7. Kerry 6-9 Gary 9-1 P.G. 1-5 Chris 5-10 G.H. 10-6</p>	<p>8. Scott 6-9 9-1 Cindy 1-5 F.T.H 5-10 Suzy 10-6</p>	<p>9. William 6-9 9-1 1-4 Anne K 4-10 Carla B 10-6</p> <p><b>6:30P DISTRICT 18 MTG @ ST. STEPHENS CHURCH LONGWOOD</b></p>	<p>10. Phil T. 6-9 Cynthia 9-1 Bette 1-4 William 4-10 Shannon 10-6</p>	<p>11. William 6-9 Sam P. 9-1 Jean 1-4 L.S. 4-10 Lisa 10-6</p> <p><b>6:30P CENTRAL FL TREATMENT MEETING @ THE WINTER PARK GROUP</b></p>	<p>12. Mark L. 6-9 Dawn 9-1 Scott 1-4 P.I.O. 4-10 LGWD. 10-6</p>	<p>13. Kelly 6-9 Central 9-1 Peter G. 1-5 J.W.G 5-10 Sheryl 10-6</p>
<p>14. Christine 6-9 Gary 9-1 P.G. 1-5 C.P.T. 5-10 G.H. 10-6</p>	<p>15. Scott 6-9 9-1 Cindy 1-5 F.T.H. 5-10 Jill 10-6</p> <p><b>6:30P DIST 11 MTG @ EASTSIDE</b></p>	<p>16. William 6-9 9-1 1-4 Anne K 4-10 Carla B 10-6</p>	<p>17. Phil T. 6-9 Cynthia 9-1 Bette 1-4 William 4-10 Shannon 10-6</p> <p><b>6:30P SERVICE COMMITTEE MTG AT CFI</b></p>	<p>18. William 6-9 Sam P. 9-1 Jean 1-4 L.S. 4-10 Lisa 10-6</p>	<p>19. Mark L. 6-9 Dawn 9-1 Scott 1-4 4-10 Dan 10-6</p>	<p>20. Kelly 6-9 Central 9-1 Peter G. 1-5 J.W.G 5-10 Sheryl 10-6</p> <p><b>2-5P 4TH STEP SEMINAR @ CENTRAL GROUP</b></p>
<p>21. Kerry 6-9 Gary 9-1 P.G. 1-5 Chris 5-10 G.H. 10-6</p>	<p>22. Scott 6-9 9-1 Cindy 1-5 F.T.H. 5-10 Suzy 10-6</p> <p><b>6:30P DISTRICT 10 MTG -WP GROUP GRATITUDE BANQUET TIX ON SALE!</b></p>	<p>23. William 6-9 9-1 1-4 Anne K 4-10 Carla B 10-6</p> <p><b>6:30P DISTRICT 9 MTG—ODAT</b></p>	<p>24. Phil T. 6-9 Cynthia 9-1 Bette 1-4 William 4-10 Shannon 10-6</p>	<p>25. William 6-9 Sam P. 9-1 Jean 1-4 L.S. 4-10 Lisa 10-6</p>	<p>26. Mark L. 6-9 Dawn 9-1 Scott 1-4 P.I.O 4-10 LGWD 10-6</p>	<p>27. Kelly 6-9 Central 9-1 Peter G. 1-5 J.W.G 5-10 Sheryl 10-6</p> <p><b>10A HOT LINE TRAINING</b></p>
<p>28. Christine 6-9 Gary 9-1 P.G. 1-5 C.P.T 5-10 G.H. 10-6</p> <p><b>11:30A DELEGATE'S MTG CENTRAL GROUP</b></p>	<p>29. Scott 6-9 9-1 Cindy 1-5 F.T.H 5-10 Suzy 10-6</p>	<p>30. William 6-9 9-1 1-4 Anne K 4-10 Carla B 10-6</p>	<p>31. Phil T. 6-9 Cynthia 9-1 Bette 1-4 William 4-10 Shannon 10-6</p>	<p><i>The Intergrouper's primary purpose is to connect alcoholics to local AA resources, specifically to give priority to office news and events, group information, committees served by Intergroup, highlights of the Service Committee minutes and financial statements and that the Trustees and Editor has the editorial authority over all content.</i></p>		

# Announcements

## Growing Thru the Grapevine

### AA Grapevine Literature Meeting

Thursdays at 7 pm

United Church of the Nazarene

1320 South Chickasaw Trail  
Orlando, FL 32825

## The Tuesday Evening Meeting Group

### Closed Big Book Study

First United Methodist Church

125 N. Interlachen Ave. Winter Park

(Corner of Morse and Interlachen)

Tuesday, 7 PM

Church Parlor, Inner Courtyard

Big Books available for use

at the meeting

## Big Book Workshop Weekend

At the Fairbanks Group

Message Carriers:

"California" Rob M. & Vic L.

from Orlando FL

Friday August 19th: 5:30 – 9:30 PM

**SESSION 1** Introduction, History, Forwards 5:30–7:00PM

**SESSION 2** Drs. Opinion, More about Alcoholism (Step 1) 7:05–9:30PM

Saturday August 20th: 8:30 A – 5 PM

**SESSION 3** There Is A Solution, We

Agnostics (Step 2) 8:30–11:20AM

**SESSION 4** How It Works, (Step 3)

11:30AM–1:00PM

**LUNCH:** 1:00–2:00PM

**SESSION 5** How it Works (Step 4) 2:00–3:30PM

**SESSION 6** Into Action (Steps 5, 6 & 7) 3:40–5:00PM

Sunday August 21st: 3 PM – 8 PM

**SESSION 7** Into Action, (Steps 8-11) 3-5:15PM

**SESSION 8** Working With Others, These Principles (Step 12) 5:30–8PM

Sunday Night Speaker 8:30PM-

John H. from Sanford FL.

A journey through the program of recovery as presented in the Big Book of Alcoholics Anonymous

### Highlights of the Workshop:

Deeper Understanding of the AA Program; Common Misconceptions; Historical Perspective; Taking the 12 Steps; Sponsorship & More!

First Congregational Church of Winter Park

225 South Interlachen Avenue  
Winter Park, Florida 32789

~ALL SESSIONS WILL BE NON-SMOKING~

### Budget Summary

(as of June 30th, 2011)

Revenue is \$4,862 better than Budget  
Expenses are \$1,390 better than Budget  
Net Income is \$10,037 better than Budget

**\*\*East Orange Group - NEW Meeting Time Change as of 7/7/11 - 7 PM\*\***

CENTRAL ORLANDO GROUP

## The History of AA On DVD Sat. Night, 5:30pm Meeting

310 East Colonial Dr. ( HWY 50 & Broadway ) Orlando, FL 32801

**Sat. August 6th Wally Paton, Back to Basics, part 1. (63 minutes)**

AA's Ancestors, AA's Four Founding Moments, How the Big Book was Written and Early Publicity

**Sat. August 13th Wally Paton, Back to Basics, part 2. (54 minutes)**

AA's Meeting Formats, The Beginners' Meetings, Sponsorship, 4th Step-Inventory, 11th Step-Prayer & Meditation, 12th Step

**Sat. August 20th Wally Paton, Back to Basics, part 3. (42 minutes)**

Look Magazine 1945, Unsung Heroes Anne Smith and Sister Ignatia, Pioneer Stories Rollie Hemsley Fits M and Jimmy B. The Springfield Seven and Judge John T. and more about the co-founders Bill W (The Visionary) and Dr. Bob S. (Keep it Simple)

**Sat. August 27th An Evening with Bill W. (89 minutes)**

The Day Dr. Bob Died ( stage play )

**Bring all your friends**

**Intergroup Service Committee Position:** The position of RECORDING SECRETARY is currently available on the Service Committee that was not filled during the May 2011 election. The position requires two (2) years of sobriety and a two (2) year commitment.

## APOPKA BIG BOOK SPEAKERS

DATE	NAME	GROUP
08/04	Carolina T.	Longwood
08/11	Greg McD.	Lakeland
08/18	Ann P.	1st Things 1st
08/25	Fred E.	Living Sober

Thursdays @ 8:00pm (Behind Old Barnhills)  
261 South McGee Ave., Apopka FL 32703

## THE PONDEROSA GROUP

will be relocating from  
June 16th to August 11th

We will be at the  
First Presbyterian Church of Maitland  
in the Family Life Center

341 N. Orlando Ave, Maitland  
Rooms 12 & 13

Thursdays, 8:00pm

The facility is wheelchair accessible.