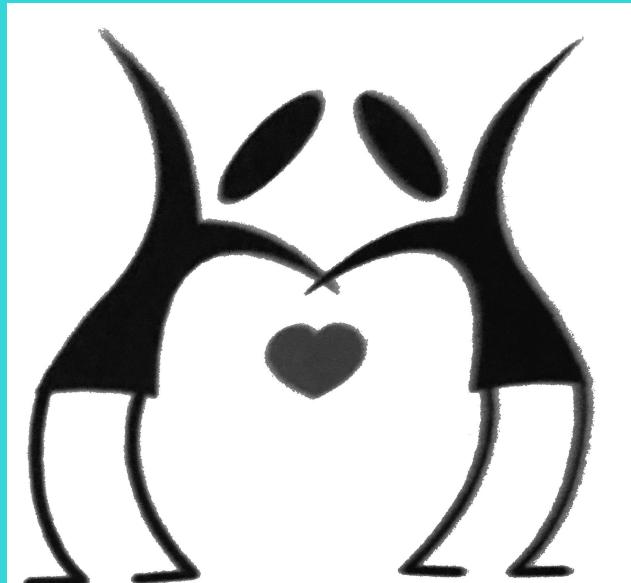


# “LETTING GO”

MARCH 30TH 11AM - 3PM

ALL ARE WELCOME

“Some of us have tried to hold on to our old ideas and the result was nil until we let go absolutely.”



FROM THE HEART GROUP

CHRIST CHURCH UNITY  
771 HOLDEN AVENUE  
ORLANDO

BABYSITTING AVAILABLE

11:30	Lunch
12:00	Opening
12:15	Speaker Panel
1:30	Group Activity
2:30	Guided Meditation
2:45	Closing