

Intergrouper



April 2019

Office Hours
9-4 M-F
10-2 Saturday
Closed Sunday

Central Florida Intergroup Services, Inc.
283 Live Oaks Boulevard, Building 6
Casselberry FL 32707
email: cfi@embarqmail.com
web: <http://www.cfintergroup.org>

P (407) 260-5822
F (407) 260-5604
24 Hour Hotline
407-260-5408

He needed it all

At the end there was a plastic bottle of vodka in the bottom of my briefcase, another one in the basement, one in my desk drawer at work, and probably one in the trunk of the car. So – yeah, I had a drinking problem. But if you're reading this, you probably did too, so I'll spare you further details. Suffice it to say, I finally hit bottom.

My first AA Meeting was memorable. A woman in her 30s explained that she had been physically and sexually abused as a child, found some escape in booze and drugs, became an alcoholic and a drug addict, got caught up in some very evil doings, and went to jail. There she was introduced to AA, started down the road to sobriety, and was about to receive her college degree in sociology. She had a job waiting for her – she was going to counsel children of abuse. Wow, I thought. What a turnaround! If there's hope for her, maybe there's hope for me, and HOPE was not something I had at the time.

So began my journey. I immediately found out, much to my amazement, that in the little town in Massachusetts that I had lived in for 15 years, there were two or three AA Meetings every day. I started go to several meetings a week and, frankly, loved the stuff that I was hearing. God then ar-

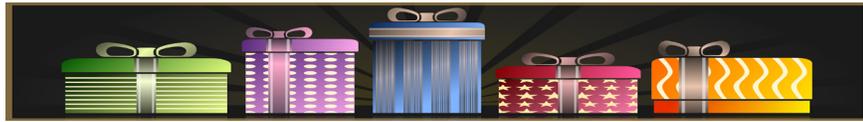
ranged for the company I had worked for 15 years to get bought and for the new Owners to move their own folks into a number of the jobs in our office, including mine. When I shared the news of this pending “disaster” with my new AA friends, they told me not to worry because God had a plan. They also counseled me to act like an adult (what a concept!?) and offer to help the new managers in any way I could. Following this advice led to the new managers offering me a consulting arrangement that paid me pretty well for the next three years and allowed me to go to a LOT of meetings and spend a LOT of time working the AA program.

I recently got a medallion marking 22 years since my last drink.

How did that happen? Grace of God, to be sure. A lot of help from a lot of people in AA and a lot of work as well. These days I am bemused when I hear the “Big Book Thumpers” and the “Service is Salvation” and the “Meeting Makers Make It” crowds arguing with each other over which aspect of AA is most important, because I know that, sick as I was, I needed each and every aspect of AA! I needed the Big Book. I needed each and every different type of meeting (BB, 12&12, Speaker, As Bill Sees It, Living Sober). I needed the Daily Reflections. I needed Rosary

beads (yeah, I know that's not AA, but I needed Rosary beads, too). I needed the laughter that I shared before, during, and after meeting and whenever I was with another alcoholic. I needed the friendships that I formed with other alcoholics. And I needed to hear about how experienced AA members dealt with the personal triumphs and tragedies that are part of each of our lives. I needed to have a Sponsor, and I needed to do what he told me to do. Even if...no especially when...I did not understand why he was telling to do it. I needed Ice Cream, lots of Ice Cream – the kind you have with a group of guys who were all trying to get sober, and who were not afraid to tell me I was off the beam when I was off the beam. I needed to do the Steps with my Sponsor (more than once and to the best of my ability at the time). I needed to be a Sponsor, because it taught me how much easier it was for me to see how character defects hurt my sponsees and those around them than it was for me to see how harmful my own character defects were (are). I needed to go to State Conventions with my wife and with friends in AA so I could hear great speakers with great messages, and so I could buy speaker tapes that I could listen to in the car when I was driving. I needed to play golf with guys in AA. I needed to be told that when I prayed, I should MEAN

continued on page 7



Anniversaries

Altamonte Springs

Tom C - 36
Marta D - 31
Vicky S - 26
John H - 21
Lynette - 13
Tim D - 9
Larry K - 7
Erik H - 6
Jared - 4

Back to Basics

Denise - 32
Susan C - 30
Emily G - 13

Clean Air

Susan C - 30
Lindsay H - 24
Robert B - 22
Jerome G - 21
Jan H - 8
John F - 7
Keith D - 1

Crossroads

Chris H - 12
Dawn G - 12
Tracy F - 5

Decisions Group

Rick R - 31
David J - 28
Conrad R - 15
Ralph H - 16
Lynne B - 15
Bill B - 12
Don G - 11
Bill R - 10
Bonnie S - 8
Barbara A - 7
Ben E - 7
David S - 7
John B - 7
Mark K - 5
Mike G - 5
Jay P - 2
Timothy S - 2

Dr. Phillips

Charmaine - 32
Chris B - 32
Chris P - 32
Andy C - 21
Dave G - 12
Charley C - 13
Terri S - 9
Pat J - 6
Justin R - 5
Kathy O - 4
Dave - 4
Jessica S - 3
Bert F - 3

Brooke M - 3
Brent S - 3
Roger N - 2
Lisa A - 2
Julie H - 2
Barbara S - 2
Shawn F - 1
Donna K - 1
Pete G - 1
Sonia D - 1

First Things First

Daryl B - 37
Neil D - 20
Ben M - 9
Jo C - 9
Russell M - 4
Michael C - 2
Julie H - 2
Andrea T - 1
Jen A - 1
Jerry R - 1

Fortunate Few

Dan D - 45
Kathy C - 29
Kevin D - 4

Founders Mob

Alex G - 32
Martha P - 17
Tommy S - 2

Greenhouse

David R - 32
Rick R - 31
Tricia L - 16
Bo K - 15
Jan H - 8
Lisa H - 3

High Noon

Andy - 20
Bruce L - 11
Brian W - 8
Alex - 2
Misty G - 1

Hope Group

Steve G - 38
Ron B (87) - 32
Rick C - 19
Michelle R - 4
Carme S - 3
Ed D - 1
Sonia D - 1
Mariana A - 1

Hope & Courage

Paula L - 33
Brian C - 24
Dawne L - 17
Miles N - 4
Cody M - 1

Jaywalkers

Eva F - 35
Sheila R - 12
Rick H - 8
Jessie M - 6
Crews C - 5
Sharon W - 1

Oviedo

Bob S - 50
Marta D - 31
John S - 24
Cathleen C - 22
Cindy M - 16
Conrad R - 17
Mark S - 13
Terri L - 10
John B - 7
Jamie L - 6
Kim A - 3

Oviedo Women

Barbara A - 7
Sandy F - 6
Rita H - 5
Maggie L - 4
Roxanne J - 1

Pathway to Peace

Karl D - 3
Willie P - 2
Chris M - 2

Phoenix Group

Steve L - 2

Pine Hills Grace

John T - 29
Mark - 29
Madeline Z - 23
Brandon M - 21
JT John - 10
Larry B - 8
Dennis A - 7
Erik H - 6
Julie R - 2
Lori K - 2
Roger N - 2
Fred C - 1
Josh W - 1
Kelly McD - 1

Primary Purpose

Cathleen C - 22
Barbara A - 7
Mike G - 5

South Sanford

James G - 27
Bob N - 25
John H - 21
Monica C - 17
Dave - 12
Laura F - 8

Tracy R - 3
Brain S - 1
Fredy V - 1

Surrender to Win

Monica C - 17

The Herd

Instinct
Mike W - 31
Joe C - 5

Three Legacies

Charley C - 13
Bobby J - 3
Jessica S - 1
Pete G - 1
Tyler N - 1

Wekiva Basics

Bob K - 38

Wekiva Women's

Sheila R - 12
Renee - 1

Westlake

Karen H - 20

Winter Park

Michael Z - 43
Vincent N - 39

Judy F - 38
Debbi W - 38

Tom O - 35

Kevin C - 30

Mark L - 27

Mary L - 27

Sandi W - 26

Susan E - 26

Karen G - 25

Brian C - 23

Dave F - 18

Sandra S - 18

Geral C - 18

Kathey N - 18

Mark M - 17

Conrad R - 17

Linda K - 15

Chuck S - 15

Ben T - 14

Catherine D - 12

Don G - 11

Tom - 11

Carrol G - 10

Debbie C - 9

Mark H - 9

Terrence - 8

Elizabeth - 8

Donna W - 8

Britt C - 7

Beth P - 7

Mellisa T - 7

Taylor M - 7

Julie - 6

Tim T - 6

Joe C - 5

Stephanie M - 5

Paula D - 5

Matt G - 5

Cory D - 5

Mark M - 5

Charity T - 5

Pat H - 5

Taylor A - 4

Leighann B - 4

Berit - 4

Chris C - 4

Jeremy C - 4

Brett B - 3

Jennifer - 3

Stephen A - 3

Jim B - 3

Tia C - 2

Chris G - 1

Joan C - 1

Rick T - 1

History's Corner, April 2019

Bill W's Editorial: on the 1st Tradition – Grapevine, December 1947

The early members of Alcoholics Anonymous realized that guidelines, (the fellowship was against rules or regulations, but accepted guidelines) or practices based on experiences within the fellowship need to be included in our society. The two most important of these is Unity and Anonymity. The early fellowship believed that in order to survive, we needed unity in purpose, unity in our message, and unity in the fellowship. Find below the text of Bill W's message on unity, Tradition 1, published in December 1947 and ratified in July 1950 at the International Convention in Cleveland, Ohio. Tradition 1 Unity - Tradition 5 Purpose-Tradition 12 Anonymity are the general spiritual guidelines agreed to by the fellowship in 1950. The remaining 9 traditions are always specific applications of 1,5 or 12.

Victor L. – Decisions Group – Winter Springs.

“Each member of Alcoholics Anonymous is but a small part of a great whole. A.A. must continue to live or most of us will surely die. Hence our common welfare comes first. But individual welfare follows close afterward.”

Our whole A.A. program is securely founded on the principle of humility - that is to say, perspective. Which implies, among other things, that we relate ourselves rightly to God and to our fellows; that we each see ourselves as we really are - “a small part of a great whole.” Seeing our fellows thus, we shall enjoy group harmony. That is why A.A. Tradition can confidently state, “Our common welfare comes first.”

“Does this mean,” some will ask, “that in A.A. the individual doesn't count too much? Is he to be swallowed up, dominated by the group?”

No, it doesn't seem to work out that way. Perhaps there is no society on earth more solicitous of personal welfare, more careful to grant the individual the greatest possible liberty of belief and action. Alcoholics Anonymous has no “musts.” Few A.A. groups impose penalties on anyone for non-conformity. We do suggest, but we don't discipline. Instead, compliance or non-compliance with any principle of A.A. is a matter for the conscience of the individual; he is the judge of his own conduct. Those words of old time, “Judge not,” we observe most literally.

“But,” some will argue, “if A.A. has no authority to govern its individual members or groups, how shall it ever be sure that the common welfare does come first? How is it possible to be governed without a government? If everyone can do as he pleases, how can you have aught but anarchy?”

The answer seems to be that we A.A.s cannot really do as we please, though there is no constituted human authority to restrain us. Actually, our common welfare is protected by powerful safeguards. The moment any action seriously threatens the common welfare, group opinion mobilizes to remind us; our conscience begins to complain. If one persists, he may become so disturbed as to get drunk; alcohol gives him a beating. Group opinion shows him that he is off the beam, his own conscience tells him that he is dead wrong, and, if he goes too far, Barleycorn brings him real conviction.

So it is we learn that in matters deeply affecting the group as a whole, “our common welfare comes first.” Rebellion ceases and cooperation begins because it must; we have disciplined ourselves.

Eventually, of course, we cooperate because we really wish to; we see that without substantial unity there can be no A.A., and that without A.A. there can be little lasting recovery for anyone. We gladly set aside personal ambitions whenever these might harm A.A. We humbly confess that we are but “a small part of a great whole.”

~ Bill W.



BIG BOOK WORKSHOP 12 STEPS IN 12 WEEKS TUESDAYS FROM 7-9PM BEGINS FEBRUARY 5, 2019

Hosted by the Hope & Courage Group
with message carriers
Bruce B. & "California" Rob M.

*A JOURNEY THROUGH THE
PROGRAM OF RECOVERY AS
PRESENTED IN THE BIG BOOK OF
ALCOHOLICS ANONYMOUS*

HIGHLIGHTS OF THE WORKSHOP:

- Deeper Understanding of the AA Program
- Common Misconceptions
- Historical Perspective
- Taking the 12 Steps
- Sponsorship
- And More!

- SESSION 1 on 2/5**
Introduction, History, Preface, Forwards
- SESSION 2 on 2/12**
Dr's Opinion, Bill's Story (Step 1)
- SESSION 3 on 2/19**
There Is A Solution (Step 2)
- SESSION 4 on 2/26**
More About Alcoholism
- SESSION 5 on 3/5**
We Agnostics
- SESSION 6 on 3/12**
How It Works (Step 3)
- SESSION 7 on 3/19**
How It Works (Step 4)
- SESSION 8 on 3/26**
Into Action (Steps 5, 6, 7)
- SESSION 9 on 4/2**
Into Action (Steps 8 & 9)
- SESSION 10 on 4/9**
Into Action (Steps 10 & 11)
- SESSION 11 on 4/16**
Working With Others (Step 12)
- SESSION 12 on 4/23**
These Principles (Step 12)

BRING YOUR BIG BOOK,
12 & 12, AND PENS TO:

THE REBOS CLUB

Central Orlando Group Spring Picnic



WHEN: SUNDAY, APRIL 28

TIME: 12:00-4:00 pm

WHERE: VFW POST 2093

4444 Edgewater Dr, Orlando 32804

ENJOY THE DAY ON LAKE FAIRVIEW!

Fishing, boating, paddle boarding, games,
food, fellowship & fun!

Bring your towel, lawn chair, and don't forget
the sunscreen!

SOUTH SANFORD GROUP Celebrates

27

Years



Unity. Service. Recovery.

Saturday, April 27, 2019 | 6-8 pm

Celebration Potluck: 6-7 pm
Living Sober Meeting: 7-8 pm

50/50 Drawing plus pizza, soda and dessert provided by the group.
Side dishes welcome.

South Sanford Group, 203 East 3rd Street, Sanford, FL

The Oviedo Group invites you
to join us
for fellowship, food, fun & games, or just to relax!!!

Central Winds Park

Pavilion B

1000 E. SR 434, Winter Springs

2-6 pm on Sunday, April 14

Grilled hamburgers & hotdogs, sides, desserts
Horseshoes Volleyball Cornhole
Softball

Co-ed Softball Game 1 pm

Call Coach Theresa N. for softball info: 513-293-7706
Just show up a bit early to play! Come to cheer
them on!

FEBRUARY 2019 CONTRIBUTIONS:

A Good Group	\$281.00
AA Way of Life	\$152.40
Apopka Big Book	\$60.00
Central Orlando	\$1,112.83
Clean Air	\$20.00
East Orange	\$50.00
First Things First	\$75.52
Growing Through the Grapevine	\$100.00
Happy Hour	\$40.00
High Noon	\$226.44
Lake Nona Moss Park	\$100.00
Live Oaks	\$100.00
Pass It On	\$140.54
Serenity Now	\$60.00
The Home Group	\$60.00
The Hope Group	\$1,232.46
Three Legacies	\$100.00
Winter Park	\$100.00
Winter Park Men's	\$150.00
TOTAL GROUP CONTRIBUTIONS:	\$4,161.19
INDIVIDUAL CONTRIBUTIONS:	
Anonymous: 9th Step Repayment	\$25.00
Anonymous	\$100.00
TOTAL INDIVIDUAL CONTRIBUTIONS:	\$125.00
TOTAL MONTHLY CONTRIBUTIONS:	\$4,286.19

**Addresses to send
7th Tradition
Contributions
to A.A. Entities:**

District 9
PO Box 560064
Orlando, FL 32856

District 10
PO Box 547853
Orlando, FL 32854

District 11
PO Box 141571
Orlando, FL 32814

District 18
PO Box 162855
Altamonte Springs, FL 32716

NFAC
(North Florida
Area Conference)
P.O. Box 10094
Jacksonville, FL 32247

The General Service Office
PO Box 459
Grand Central Station
New York, NY 10163-0459

**Central Florida Intergroup
Services, Inc.**
283 Live Oaks Blvd
Casselberry, FL 32707

Intergroup Abbreviated Profit & Loss Statement

	Jan-Feb Actual	Jan-Feb Budget	\$ Over/Under
Gross Revenue	\$18,678	\$17,150	+\$1,528
Cost of Goods Sold	\$4,025	\$6,400	-\$2,375
Gross Profit	\$14,653	\$10,750	+\$3,903
Total Expense	\$12,675	\$12,691	-\$16
Net Ordinary Income	\$1,978	(\$1,941)	+\$3,919
Net Fundraising/Activities	\$618	\$300	+ \$318
Net Income	\$2,596	(\$1,641)	+\$4,237

AA's Twelve Steps are principles for personal recovery. The Twelve Traditions ensure the unity of the Fellowship. The Twelve Concepts for World Service provide a group of related principles to help ensure that various elements of A.A.'s service structure remain responsive and responsible to those they serve. **Step Four:** "Made a searching and fearless moral inventory of ourselves" **Tradition Four:** "Each group should be autonomous except in matters affecting other groups or A.A. as a whole." **Concept Four:** "Throughout our Conference structure, we ought to maintain at all responsible levels a traditional Right of Participation, taking care that each classification or group of our world servants shall be allowed a voting representation in reasonable proportion to the responsibility that each must discharge."



Come see how we grow in sobriety through the experience, strength and hope shared in our "Meeting in Print"

GROWING THRU THE GRAPEVINE GROUP

**Where: 1320 South Chickasaw Trail
Orlando, FL 32825
(United Church of the Nazarene fellowship hall)**

When: Thursdays 7-8pm

**1st, 2nd, 3rd Thursdays – OPEN DISCUSSION
4th Thursday - SPEAKER**

ALL ARE WELCOME – ESPECIALLY THE NEWCOMER!!



(9th Step workshop)

District 10 Presents

WHEN : April 27th, 2019 11am – 1pm

10:00am : Eats ,Drinks & fellowship

WHERE: College Park Presbyterian Church

118 E Par St

Orlando, FL 32804

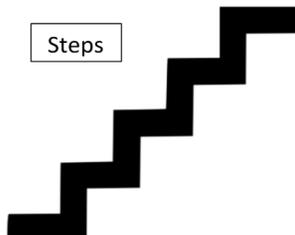
Unfinished , Living, Difficult, Financial , Scary,
Unresolved, Unable , Unforgiven, Ashamed,
Unsatisfactory ,Universal , Guilt and remorse even after
attempting to make amends and more !!!

Please

Bring your Questions

For the "Ask it Basket"

Steps



Not Just for GSRs

North Florida Area Conference

Area Assembly

April 5-6-7, 2019

Bring your group's voice about the important
issues coming to the
General Service Conference
in May

**Workshops - Fellowship
Saturday - 9:00 AM - 5:30 PM**

Workshops:
Archives
Accessibilities
Cooperation with
Professional Community
Corrections
Grapevine
Intergroup
Literature
Public Information
Treatment

Friday - 8:00 PM Discussion Meeting
Saturday - 8:00 PM Speaker Meeting
Sunday - 9:00 AM Business Meeting

Traditions / Las Tradiciones
Service Manual / Manual de Servicio

Make reservation by 3/4/2019
Renaissance World Golf Village Resort
500 S. Legacy Trail
St. Augustine, FL 32092
Phone: 904-940-8000

Got Questions? - get them
answered here.
aanorthflorida.org

(continued from page 1)

it. I needed to celebrate New Year's with other families in AA. I needed to take an AA meeting into a residential recovery facility. Oh, and I needed lots of patience and encouragement: like when I cried to my Sponsor (two years into my sobriety) that I had made up yet another story – told yet another lie – and wondered aloud whether I was “constitutionally incapable of being honest”. He wisely explained to me that, yes, I had lied, but I was making progress. “Progress!?!” I screamed, “How can you say I am making progress?” “Simple”, he replied, “When you came in here, you lied and didn't even realize you were lying; when you came in, you lied and it didn't even bother you. Now when you lie, you realize that you're lying, AND it bothers you! That's progress!” I really needed to hear stuff like that, too.

Now, after 22 years, I still need it all. I also WANT it all. Now, during the moment of silence before the Serenity Prayer, I ask God to help me pay attention to whoever is speaking so that I might hear something today that will help me be a better man today and stay sober tomorrow.

Rick B

**Apopka Big Book
Speaker Meeting
February 2019**

DATE NAME GROUP

April 4	Bob D.	Zephyr Hills
April 11	Melanie J.	Winter Park
April 18	Burt L.	Back to Basics
April 25	Dick C.	Zephyr Hills

Thursdays at 8 PM
261 South McGee Ave.
Apopka, FL

New Meeting!
Sunday at 6:30 pm
OUR HIGHER POWER GROUP

5281 Central Florida Parkway
Central Parkway Baptist Church
Orlando 32821
This is a closed, discussion meeting.
Using any AA approved literature

Live Oaks Group Presents a



Golf Tournament

April 20, 2019

**Couple of well-known guests from the golfing world
will be attending.**

(Limited Spots)

The Country Club at Deer Run

\$65 per person

(Includes Barbeque Lunch)

Questions and answers during lunch.

Hole Sponsors needed--\$100/Hole

\$65 per person

Dress code: shirts with collar, no denim cut-offs, etc.

All monies due by April 10.

Call: Intergroup for Info (407-260-5822)

April 2019



I have wings, but you're the one in full flight from reality." — Anonymous

from the Grapevine

April 2019

* An asterisk indicates information is available in the newsletter

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5-6-7 NFAC, St. Augustine*	
7 NFAC St. Augustine*	8	9 District 18 6:30 pm Longwood	10 Intergrouper deadline for submissions	11	12	13
14 Oviedo Group Picnic*	15 District 11 7:00 pm Orlando	16	17 Service Committee, 6:30 pm CFI	18	15 9	20 Live Oaks Golf Tourna- ment*
21	22	23 District 9 6:30 pm Orlando	24	25	26	27 9th Step Work- shop * South Sanford 27 Years Cele- bration *
28 Delegates' Meeting 11:30 am Orlando	29 District 10 6:30 pm Winter Park	30				

* in the calendar indicates there is information in the newsletter about the event.

Save the Date

May 18 Central Orlando, 4th Step Workshop
June 1st - Founder's Day Fair - Featuring a Longtimers' Panel

Dist. 9 meets at 6:30 p.m. on the 4th Tuesday at Crossroads Group, 5205 S. Orange Ave, Ste. 204, Orlando
Dist. 10 meets at 6:30 p.m. the last Monday at the Winter Park Group, 5407 Lake Howell Rd., Winter Park
Dist. 11 meets at 7:00 p.m. the 3rd Monday at East Side Club, 2017 N Goldenrod Rd., Orlando
Dist. 18 meets at 6:30 p.m. the 2nd Tuesday at St. Stephen's Lutheran Church, 2140 W. S.R. 434, Longwood
Delegates meet at 11:30 a.m. the last Sunday at Central, 310 E. Colonial Dr., Orlando
Service Committee meets at 6:30 p.m. at Intergroup on the Wednesday 10 days before the Delegates' meeting.

24 Hour Hotline (407) 260-5408

I am responsible. When anyone, anywhere reaches out for help, I want the hand of AA always to be there. And for that I am responsible!